

As of 2024

Top Ten Freshmen

Shot Put

1. 33'7" - 2010 - Meagan Dietz
2. 32'10" - 2017 - Kendalyn Beasley
3. 31'9.5" - 2012 - Jennafer Windels
4. 30'8" - 2008 - Hannah Schmitz
5. 30'6" - 1984 - Kristen Savage
6. 30'0" - 2008 - Chelsea Dingleline
7. 28'9" - 1993 - Jamie Maurer
8. 28'7" - 2018 - Riley Lefevre
9. 28'2.5" - 1998 - Jill Raymond
10. 28'2" - 2019 - Amaya Sanchez

Discus

1. 108'7" - 2008 - Hannah Schmitz
2. 102'4" - 2017 - Kendalyn Beasley
3. 98'3" - 2010 - Meagan Dietz
4. 95'4" - 1998 - Jill Raymond
5. 90'4" - 2019 - Amaya Sanchez
6. 83'1" - 2019 - Gabrielle O'Connor
7. 81'0" - 2001 - Tristan Rogers
8. 80'6" - 1990 - Rhonda Hoffman
9. 80'3" - 2005 - Nichole Cavins
10. 80'0" - 1993 - Lisa Satterfield

Long Jump

1. 16'9" - 1979 - Cindy (Blum) Young
2. 15'6.5" - 2000 - Becky Seres
3. 15'3" - 1996 - Jennifer VanderLoop
4. 15'1" - 2014 - Olivia Mack
5. 14'11.5" - 1994 - Christy Mason
6. 14'11" - 1986 - Stacey Sweat
- 2022 - Katie Powell
8. 14'9.5" - 2009 - Lauren Carter
9. 14'7.5" - 1995 - Sam Sammons
10. 14'6.5" - 1990 - Cassie Hackett

High Jump

1. 4' 9" - 1996 - Kathy Kunath
1986 - Janeen Buckley
3. 4' 8" - 1987 - Tonya Farmer
1994 - Christy Mason
1995 - Jessica Lytle
2000 - Karrie Bass
2003 - Alisha Webb
2008 - Trisha Agner
2013 - Tori Shuler
2015 - McKenna Stone

100m dash

1. 13.1 - 1993 - Stephanie Potter
2013 - Christina Boitnott
3. 13.2 - 1979 - Terri Barron
2005 - Brittani Peterson
5. 13.3 - 1994 - Christy Mason
6. 13.4 - 1977 - Janice Bialko
7. 13.5 - 1994 - Kara Awishes
2002 - Katie McAber
9. 13.6 - 1996 - Jennifer VanderLoop
2000 - Becky Seres
2015 - Brooklyn Gillenkirk

200m dash

1. 26.9 - 2004 - Marissa Jackson
2. 27.0 - 2005 - Brittani Peterson
3. 28.1 - 2013 - Christina Boitnott
4. 28.2 - 1994 - Kara Awishes
5. 28.3 - 2014 - Audrey Szabo
6. 28.4 - 2000 - Becky Seres
7. 28.6 - 2005 - Teri Williams
8. 28.7 - 1990 - Cassy Hackett
9. 28.9 - 1994 - Christy Mason
2002 - Katie McAber

400m dash

1. 1:04.1 - 2006 - Liz Wight
2. 1:04.6 - 2012 - Hayley Stone
3. 1:04.7 - 2005 - Brittani Peterson
4. 1:04.87 - 2021 - Alyssa Masserant
5. 1:05.4 - 1995 - Jessica Lytle
6. 1:05.5 - 1985 - Diane Miazgowicz
7. 1:06.4 - 1995 - Sam Sammons
8. 1:06.5 - 1995 - Bridget Sisk
9. 1:06.6 - 2004 - Irene Couturier
10. 1:07.0 - 1995 - Kelly Herman
1996 - Jessica Welch

100m High Hurdles

1. 17.65 - 2021 - Ellie Nichols
2. 17.5 - 2018 - Sarah Johnson
3. 17.6 - 1979 - Colleen Savage
2001 - Carrie Mather
5. 17.8 - 1992 - Amanda Regelin
2002 - Caitlin Aniol
2014 - Sarah Wright
8. 17.9 - 2008 - Holly Beasley
2013 - Ashleigh Carroll
10. 18.2 - 2003 - Stephanie Piotrowski
2015 - Hannah Wright
2018 - Danielle Mathews
2022 - Mia Schroeder

300m hurdles

1. 50.5 - 2018 - Sarah Johnson
2. 51.2 - 2013 - Ashleigh Carroll
3. 51.3 - 2008 - Holly Beasley
4. 51.6 - 1996 - Erin Bayer
2002 - Caitlin Aniol
6. 51.86 - 2022 - Mia Schroeder
7. 51.9 - 2014 - Sarah Wright
8. 52.0 - 1995 - Julie Bono
9. 52.3 - 2001 - Carrie Mather
10. 52.4 - 2004 - Marissa Jackson

800m run

1. 2:22.7 - 2004 - Bekah Smeltzer
2. 2:31.6 - 2012 - Madison Stone
3. 2:32.6 - 1986 - Stacey Sweat
4. 2:33.4 - 2005 - Rachel Baron
5. 2:35.8 - 2012 - Jerica Duvall
6. 2:36.1 - 2005 - Sarah Mills
7. 2:37.2 - 1996 - Jessica Welch
8. 2:37.4 - 1995 - Jessica Lytle
9. 2:37.7 - 2016 - Emily Hintz
10. 2:39.0 - 1991 - Francie Burnison

1600m run

1. 4:57.5 - 2004 - Bekah Smeltzer
2. 5:21.5 - 2016 - Katelyn Nadeau
3. 5:29.8 - 2005 - Rachel Baron
4. 5:33.30 - 2022 - Kim Miller
5. 5:33.4 - 1982 - Collette Walters
6. 5:34.96 - 2021 - Jenna Pilachowski
7. 5:36.0 - 1998 - Carrie Smeltzer
8. 5:39.8 - 2005 - Andrea Hoffman
9. 5:40.3 - 2017 - Paige Cready
10. 5:40.5 - 1996 - Jessica Welch

3200m run

1. 10:40.0 - 2004 - Bekah Smeltzer
2. 11:48.6 - 2016 - Katelyn Nadeau
3. 11:49.7 - 1999 - Laurie Masserant
4. 11:54.8 - 2005 - Rachel Baron
5. 11:57.17 - 2022 - Kim Miller
6. 12:08.5 - 2005 - Andrea Hoffman
7. 12:11.84 - 2021 - Jenna Pilachowski
8. 12:15.3 - 1998 - Anne Venier
9. 12:17.1 - 2009 - Erin Bachler
10. 12:20.6 - 1998 - Carrie Smeltzer

***Any event with only 10th of a second was hand timed. Events to 100th of a second are auto timed. To make equal, you must add .24 seconds to the hand time up to 300m. For 300m and 400m you add .14 seconds. Above that no further conversion is added.